

My aim is to inspire you in all areas of life.

Astrology, Palmistry and Ancient Moon Gardening

Earth Moon and Stars

October 2018 year
with Kerry Galea

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We thank the Moon for
nurturing us

To each and every one of you; look at the earth and know that you are supported, look at your hands and know that you are unique, and look at the stars and know that you are part of something greater than yourself.

To Unsubscribe

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Sun Sign Astrology Forecast October 2018



Aries 21 March – 19 April

At the start of the month, heightened emotions cloud your perspective and feelings become very important. Relationships increase and people are coming in, and out, of your life. Remember that not all connections are meant to remain forever. Others will share their deep thoughts and hidden truths with you and share yours back in return to deepen and grow the relationship.



Taurus 20 April – 20 May

Sometimes a worrisome time is not yours but comes from the worries of family or friends, or memories from past situations. Instead of holding them, consciously notice them and say goodbye. Look forward to increased social activities with people bringing you news and ideas. You do need to pay attention to your health and begin to change a bad habit or two.

II



Gemini 21 May – 20 June

You have started this month with creative ideas and the stars are asking you to look at the big picture and your future goals: so get creative with them. Duties and responsibilities soon reappear and keep your eye on being dutiful to your body, as well as your duty to others. This includes checking anybody that is doing work for you.



Cancer 21 June – 22 July

Being in the limelight at work, be it paid or unpaid, can cause stress as you would rather be feathering your nest at home. Ask yourself... Why is exposure creating heightened emotions? Is it based on a sense of insecurity? If so, start with making yourself feel more secure at home, and it will spread into being confident in the outer world.



Leo 23 July – 22 Aug

Ideas and information have been huge and can be overwhelming, especially last week, so control it by making a list. Part of learning is finding out how much you don't know, but you will soon get a handle on it. Soon there is a need to contact family members. And later in the month, work demands more of your emotional energy.



Virgo 23 Aug – 22 Sep

Now is the time to talk it over and discover your own, and your loved ones, deep inner feelings and values. Openness and honesty lead to deeper connections. If they don't understand, look for those that do. Maintain the strong connections between those that do understand. All forms of communication are increasing and this includes sharing your own opinions.



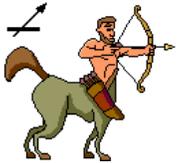
Libra 23 Sep – 22 Oct

This is your month to make a new start, to make changes that will last, and to plan ahead. Your communication is enhanced and you can talk to everyone with grace and ease. Loved ones are feeling emotional and its time to talk to partners about finances or how the household work load is shared. Attain the balance you seek.



Scorpio 23 Oct – 21 Nov

Attend to home repairs or find a win-win outcome with upset family members. You do have opportunities being given to you, but think carefully before accepting, as not all gifts are gold. Ask yourself ... will it enhance how you feel about yourself and do you believe in it? Information that would help comes in the middle of the month.



Sagittarius 22 Nov – 21 Dec

If confused, it means you are not looking at the here and now of your desires or issues. Right now, you need to pay attention to now! Paying attention to now will change what happens tomorrow. To change tomorrow; change Now. Find yourself some spare moments to be quiet and sit in a reflective, meditative mood to open your mind to the moment.



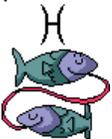
Capricorn 22 Dec – 19 Jan

It's time to knuckle down to work, even when you are drawn to focus on the home front. The only way to deal with both is to make some changes at work with a new perspective, routine, habit or even a new role. If you have been restless for a while, then movement or exercise will help.



Aquarius 20 Jan – 18 Feb

Your restless energy means that you increasingly feel the need to get things done, not just today, but yesterday! This is best applied to the workplace or to any role you do, even if it's unpaid. Telling you not to rush will not work, but please take a moment to consider the consequences of any action and seek advice.



Pisces 19 Feb – 20 March

It's time to explore the outer world by seeking new experiences or travelling. And time to explore the inner world by asking yourself some questions and seeing what thoughts pop into your head. Do you feel worthy? Who judges whether you are worthy or not? How can you become free of self-judgment or continually accepting external judgment?

We do not go around the Sun in a perfect circle each year so the dates that the Sun appears to move into the signs can vary by up to one day.

If you are born close to the border of two signs, then you are on the cusp and you are a blend of the two sun signs.



It's time to see what's happening for you.

In my work I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab **hold of life**. **Through them we look to your strengths, especially now and** to the future, and to see what to avoid, and what to enjoy.

Moe at Gippsdown on the Highway on weekdays by appointment in the beautiful and peaceful grounds of Gippsdown Heritage Village on the highway at Moe.

Traralgon On Sunday 21st at Dyoligy, a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

Koonwarra in South Gippsland on Saturday 6th at the Artisan workshop Gardens Studio in beautiful Koonwarra, a tiny historic town with various shops showcasing great food, pampering, healing, arts and culture. It's normally Farmers Market day when I am there so the place is buzzing.

And phone readings for those at a distance at a time that suits you.



Birthday Greetings go out to

Libra 23 Sep – 22 Oct

“The worse sin toward our fellow creatures is not to hate them, But be indifferent to them: that’s the essence of inhumanity”.

George Bernard Shaw

Let us give thanks to Librans who show us how to be connected, how to be the linkages between people and ideas. They are the “connector blocks” in the big Lego set of life. They are never indifferent, and if they appear so... it is with a great deal of inner pain. Let us channel the energy of a Librian to “see” others in our minds eye and heart, and spread the awareness of humanity. To see, and to react towards seeking balance. To connect. Dearest Librians, we thank you all!

Scorpio 23 oct – 21 Nov

“Recognize what is before you and what is hidden will be revealed”.

St. Thomas

Immediately after writing the Librian section, I stumbled upon these words by a bone-fide saint. I was amazed how it clearly demonstrates how Scorpio builds upon Libra. It really is true. Each sign builds upon the one before it. This quote builds towards the act of recognizing all that which is hidden once connection is made. Let us channel the energy of the Scorpio who sees with recognition to such a depth that all is revealed. Once revealed, we can, like a Scorpio, hold the truth as valued and sacred. Thank you from my heart to yours!



Gossip Corner What am I getting up to? Everything!

Coming.... Great dates to put in your diary



Myths, Astrology and Palmistry Discussion Group

Palmistry and the Stars in Your Hands.

on the 21st of October at 3.30pm at Dyoligy of Traralgon and we will be discovering the close link between Palmistry and Astrology and how to find these symbols with their meaning on your hands.

Please book and pay at Dyoligy on 51747576 to ensure your place.

Come along and bring your hands ☺

Plant and Planetary Medicine Journey

With Kerry Galea (yours truly 😊) and Indigenous Elders
May 8th – 12th 2019

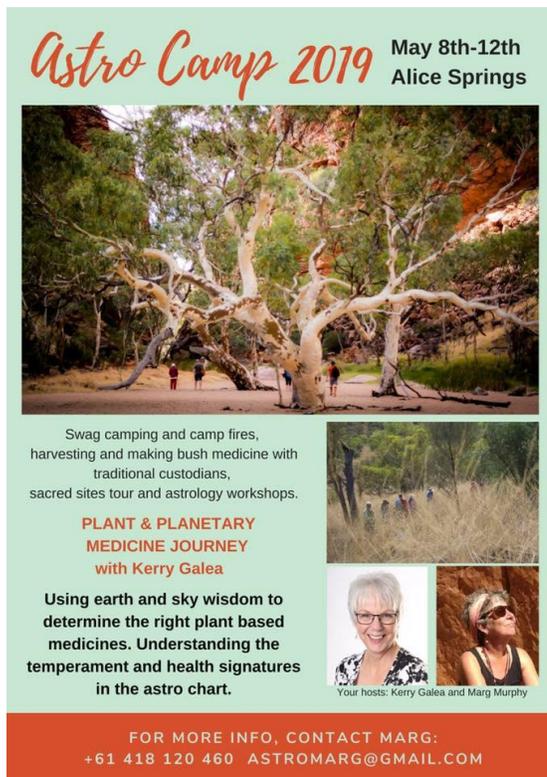
At Honeymoon Gap near Alice Springs

Swag camping and camp fires, harvesting and making bush medicine with traditional custodians, sacred sites tour and astrology workshops. Using earth and sky wisdom to determine the right plant-based medicines. Understanding the temperament and health signatures in the astrology chart.

The folk at Astro Camps collect you and return you to airport and cover everything in between. There will be a deep look into your astrology chart for health signatures and plant medicines this will be a combo of talk, activities and experiential work.

Along with the connection between sacred earth and health, we will learn about decumbiture charts and we will cover ancient astrological techniques for prescribing herbal medicines depending on body humours and temperaments so a basic knowledge of Astrology will be useful. We will also look at when to harvest using moon cycles and planetary days and hours for potent herbal remedies.

There will also be a day on country harvesting bush plants and making bush medicine with Arrernte women ... this will be a wonderful experience that we are privileged to be part of. There will also be a night with local astronomer and his telescope, a sacred site tour, a walking meditation and more!!!! 4 full days. If you are interested you can pay a \$300 deposit to secure your place for this comfortable and inspiring camp held at Honeymoon Gap near Alice Springs. Total investment is \$1300. Contact Marg Murphy of Astro Camps by email astromarg@gmail.com



Astro Camp 2019 May 8th-12th
Alice Springs



Swag camping and camp fires, harvesting and making bush medicine with traditional custodians, sacred sites tour and astrology workshops.

PLANT & PLANETARY MEDICINE JOURNEY
with Kerry Galea

Using earth and sky wisdom to determine the right plant based medicines. Understanding the temperament and health signatures in the astro chart.



Your hosts: Kerry Galea and Marg Murphy

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Ancient Moon Gardening

Gazing out the window I can see the veggie patch and this month it is ready for planting. If you have never grown your own food I suggest that you **start small and only grow what you love**. Start with a tomato, some basil and spinach. They are in the nurseries or a good hardware shop near you now. Here in southern Victoria, I wait till a perfect Moon planting day around the middle of October or the beginning of November.

Once you experience a fresh tomato on toast with a few chopped basil leaves, you will keep coming back for more.

Spinach can be chopped and added to any dish where it appears to disappear.... but the good-for-you-stuff is still there. Quick-fry some spinach with a fried egg and have it all on toast... yum!
Remember that the best medicine is on the end of your fork.

Watching nature and plants grow is a **metaphor for life** and this month in the garden I re-learnt that pruning at the wrong time is the wrong thing to do. But what's one to do when the hedge badly needed a big cut (hanging heavily over the neighbor's fence) and the necessary device wielded by a strong arm was there ready to do work! So I grabbed the opportunity, and hoped Spring growth would soon heal the wounds. It's now half its thickness and will be better in the long run... but over a month later the poor hedge still looks ravaged and what growth that has occurred is very long and spindly. Imagine me with a bad crew cut hairdo with occasional bits sticking out 3cm here and there. Not happy! My life lesson was to realize that not all opportunities are opportunities.

Note to Santa... I want a powered sabre cutting thingy. ☺

Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and sowing days
9 th Oct	New Moon in Libra	Rest and do nothing. Grow and develop a sense of harmony.
11 th 12 th 15 th 16 th Oct	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting in the garden and in business and life! Especially for vegetables whose leaves we eat.
17 th 20 th 21 st 22 nd Oct	Waxing Fertile 2 nd Quarter	Perfect for all sowing and planting in the garden and in business and all of life. Especially for vegetables that bear fruits or seeds for eating.
25 th Oct	Full Moon in Taurus	Official gardeners rest day so do nothing. ☺ Let yourself experience joy and lots of smiles in the garden.
Afternoon of the 29 th , all the 30 th , and the morning of the 31 st	Waning Fertile Moon 3 rd Quarter	Plant root crops

Did you know that there is a perfect time to spray both fertilizers or poison plants to maximize impact?

The Easy Planning Calendar has timing for every possible garden task!

Pop over to my website to see a copy for yourself.

May you find enjoyment in your garden!



Quote of the Month

David Attenborough told us (on TV the other night) that the mass of birds in a rolling swirling murmur of movement are only watching and moving with the 7 birds around them. Each of those are connected to 7 birds and each of those are connected to 7 birds... until its 7 x7x7x7x7x7x7x7x7x7x7x7... onwards and onwards.... that makes for a mass of simultaneous movement!

That simple connection from 1 bird to 7 birds creates a wonderful method of protection from circling falcons who would love to dine out on starlings. It only takes 7 birds connected to each other to make a big difference to their life and survival. It makes one think!

Do we need 7 like-minded people to be in connection to us? Will this make a difference? I think it does!

The next question is the kicker... do each of us have 7 like-minded people in regular contact?

If the answer is No.... then its time to make a few new connections. Even a little gathering of like-minded people (and they must be like-minded), once a month will feed your soul, create inspiration and nurture your dreams.

Connect and fly-free.

News from the Stars for October

1st Oct Pluto turns direct in Capricorn

6th Oct Venus turns retrograde in Scorpio

9th Oct **New Moon** in Libra

10th Oct Mercury enters Scorpio

23rd Oct Sun enters Scorpio

25th Oct **Full Moon** in Taurus

31st Oct Mercury enters Sagittarius

Pay attention to the days when these shifts happen and notice your feelings and energy levels. This understanding will enhance your experience of life.

To further experience the rhythm of the Moon I suggest that you aim to start planning new projects and events at the New Moon, initiate them the day after the New Moon and bring them to full development approximately two weeks later at the Full Moon. From the Full Moon back to the New Moon is a time to look at the consequences, to reflect on what you achieved and to think about changes or new ideas that you will "birth" again at the New Moon.

Enjoy the ride!



What's that Star in the sky this October?

Feel like you are spinning... well you are! The sun does not rise... we are rolling towards it. We then roll under the Sun, then roll away as it appears to set. Wow! Before we look to the stars get your bearings and note that North is the warmest side of the house. Face north and on your right is the east where the Sun rises, and on your left is west where the sun sets. Behind you is south. The darkest night is on the New Moon on the 9th October and the brightest night is with the Full Moon on the 25th October.

For all you Night Owls

Be very quick, for Venus is setting along with the Sun and will only be visible at dusk. Jupiter is close behind and will be visible as darkness falls. Saturn is higher and Mars is overhead. Later in the month we may get to see Mercury very close to Jupiter before they set after the Sun.

Let the Moon be your guide when she is with Venus on the 11th, with Jupiter on the 12th and 13th, with Saturn on the 15th and with Mars on the 18th October.

Turn south to see the Pointer Stars high in the sky "pointing" towards the Southern Cross which is lying on its side.

For all you Early Birds

With no planets in the sky we will entertain ourselves with Taurus who is directly ahead. Look for the clear bright star Aldebaran in his eye and look lower to the left to see the Pleiades also known as the 7 Sisters, a beautiful star cluster. You will need to stay out in the darkness for a while to see them and to tell you the truth there are a lot more than 7, but you will go cross-eyed trying to count them, so use binoculars. Orion is higher overhead with the saucepan shining brightly. Its really a belt and sword but hey... in Australia we see a saucepan!

Turn south to see the Pointer Stars low near the horizon and the Southern Cross lying on its side above them.

Let yourself be awed!



Halloween is on 31st October. This is said to have originated from the ancient Celtic harvest festival known as Samhain which occurs midway between the September Equinox and the December Solstice. Halloween is also known as All Hallows' Eve among the Christian community. In many cultures around the world it is the time that the border between this world and the "other" world narrows, and the dead are honored.

I am feeling grateful and I send thanks to the universe and to every single one of you reading this! May you find happiness in every moment.



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